

Prevention Services

Prevention services are offered by Westerville City Schools in collaboration with Concord Counseling Services and the ADAMH Board of Franklin County to address the needs of students and their families in a school-based setting.

- Services are FREE for students and their families
- Services are voluntary, meaning students must agree to participate
- Clinicians meet with students at school during the school day
- Clinicians help students identify barriers to school success and assist in developing a plan to get them back on track
- Clinicians work with parents, guidance counselors, teachers and administrators to create and implement effective strategies that support the student and their family
- Students are generally seen by the clinician 5 times
- Clinicians gather data to track the student's progress (data may include grades, attendance and discipline records as well as screening forms to gauge student's emotional health)
- Clinicians determine whether students and/or their families could benefit from more intensified support in the community such as individual, family and/or group counseling and make referrals as needed
- Parents receive a brief summary of their child's participation along with recommendations when services are completed
- Clinicians follow-up with parents approximately one month after the student completes the program
- Personal information is kept confidential and is not shared with school staff or other students - we do however encourage you to sign a Release of Information so the clinician can share relevant information with school administrators/guidance counselors
- Services are designed for any student in need of support. The following are some of the common issues students who receive services are struggling with:

Poor/Failing Grades/Organization
Depression/Sadness
Anxiety/Nervousness
Peer Problems/Fitting in
Grief and Loss

Difficulty Adjusting
Self Harm/Suicidal Thoughts
Family Issues: divorce, moves, finances
Anger Management/Behavior
Alcohol and Drug Experimentation

HOW ARE STUDENTS REFERRED?

- Students are typically referred to prevention services by their Guidance Counselor or an Administrator
- Parents must sign the written consent form before their child is seen by the clinician; they must also sign the email consent form if they wish to communicate with the clinician in that manner

Prevention services are provided by licensed clinicians from Concord Counseling Services. All clinicians providing services hold master's degrees. Prevention services are evidence/outcome-based and are funded by a prevention grant from the ADAMH Board of Franklin County as well as contributions from Westerville City Schools.